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LINDA LEE, PSY.D.

P.O. Box 65523, Vancouver, WA 98665 • 360-334-6301 • www.CreativeHolisticCounseling.com

EDUCATION/CREDENTIALS:

- 2017** **Registered Clinical Hypnotherapist**, Washington State Department of Health
- 2014** **Registered Play Therapist**, Association for Play Therapy
- 2013** **Registered Yoga Teacher**, The Movement Center, Portland, OR,
225 hr. Teacher Training Program
- 2009** **Doctoral Program in Clinical Psychology**
Antioch University New England, Keene, NH. Dept. of Clinical Psychology,
Degree: M.S., November 2007; Doctorate, May 2010; Washington License, #60234783
Dissertation: *Survey of Shamanic Practitioners' Demographics, Conceptualizations of Mental
Illness, and Collaborative Potential*
- 2004** **Cambridge College**, Cambridge, MA. Bachelor of Arts in Psychology
Concentration: Family & Community Systems and Cross-Cultural Communication
- 2005** **DoveStar Institute**, Hooksett, NH. 500 hr. Massage Practitioner Program
- 1982** **Mount Wachusett Community College**, Gardner, MA. Associate of Arts in Fine Art

PROFESSIONAL CLINICAL EXPERIENCE:

Sep. 2011 - Clinical Psychologist

Present Creative Holistic Counseling, Longview and Vancouver, WA

Provide psychotherapy and assessment for children, adolescents, adults, and seniors. Providing individual, family, and couples therapy, and psychological evaluations.

Sep. 2013 - Yoga Teacher

Present Creative Holistic Counseling, Vancouver, WA

Provide individual and small group yoga classes that emphasize stress reduction, holistic health and wellness, and as adjunctive to psychotherapy.

SUPERVISED CLINICAL TRAINING:

Jan. 2010 - Postdoctoral Resident Psychologist

June 2011 Counseling Associates, Naples, FL; Supervisor: Deborah Harrison, PhD

Within a private group practice, provided psychotherapy and assessment for children, adolescents, adults, and seniors. Provided individual, family, and couples therapy, and preoperative (bariatric, spinal cord stimulator implant, in vitro fertilization) and psychological evaluations. Developed *Resiliency and Stress Management in Tough Economic Times* presentation for hospital employees. Training and utilization of Gottman Method Couples Therapy, mindfulness practice, and art and play therapy.

Aug. 2009 - Forensic Psychometrician

Dec. 2009 Highland Psychological Services, Manchester, NH; Supervisor: Eric Mart, PhD

Within a private forensic practice, assisted in the preparation, research, and set-up of court-ordered and private assessments including child custody and competency evaluations.

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Aug. 2008 - APA Accredited Predoctoral Internship: Youth and Adult Outpatient Services

July 2009 Wasatch Mental Health, Provo, UT; Supervisors: Randall Pennington, PsyD, Geri Alldredge, PhD

Within a community mental health center, provided biopsychosocial intervention and assessment for SED/SPMI populations including young children, adolescents, and adults. Provided individual, group, family, and couples therapy for complex and frequently traumatized population. Administered psychological, disability, and neuropsychological assessment, parental fit evaluations, and autism screenings. Developed, recruited, and provided outcome measurement for 2 pilot programs: Hope & Empowerment ~ Expressive Therapies for Adult Survivors of Childhood Sexual Abuse, and Strengthening Families, a collaborative court-mandated family and parenting intervention with DCFS. Weekly child and play therapy supervision and training covered Theraplay, the Marschack Intervention Method, Filial therapy, Child-Parent Relationship Therapy, and child-centered play therapy. Participated in interdisciplinary team meetings, case conferences, didactic training, and individual and group supervision. Collaborated and consulted with health care and medication providers, social workers, residential treatment providers, case managers, school based personnel, and crisis team members.

Sept. 2007 - Clinician: Assessment and Therapy

May 2008 New Hampshire Hospital, Concord, NH; Supervisor: Clifford Dempster, PhD

Within an inpatient hospital/milieu setting for adults, provided individual therapy and assessment for a severely mentally ill population. Co-facilitated weekly art therapy group, sensory integration group, DBT/Empowerment group, and PTSD group. Assisted in the redesign of Empowerment group to have a mindfulness practice focus. Participated in daily team meetings, psychiatric medication reviews, treatment conferences, and supervision. Conducted comprehensive batteries for psychological evaluations, integrating clinical interviews and milieu observation with data from a variety of assessment instruments.

Sep. 2007 - Assessment Assistant, Student Training Program

June 2008 Antioch Psychological Services Center, Keene, NH; Supervisor: Susan Hawes, PhD

Supervised the clinical assessment work of other student clinicians, including individual and group training, monitoring of the assessment process, individual consultation to clinicians on an as needed basis. Provided administrative support and case management. Assessment cases include learning disabilities, psychological assessment, and court-ordered evaluations.

Sep. 2006 - Clinician: Therapy and Assessment

July 2007 Antioch Psychological Services Center, Keene, NH;
Supervisors: Martha Straus, PhD; Susan Hawes, PhD

Within a community mental health clinic provided individual, group, couple, and family therapy for children, adolescents, and adults and comprehensive case management. Administered, scored, interpreted, and integrated clinical interviews for comprehensive batteries for learning disability, ADHD, and court-ordered evaluations. Client population included community members, college students, and referrals from the Division of Children, Youth and Families (DCYF). Diagnoses included adjustment, relational and health disorders, substance abuse, complex trauma and abuse issues, mood disorders, grief, and personality disorders. Case conceptualization and treatment planning from various theoretical frameworks based on client need and presentation. Participated in weekly Child and Family Therapy training, 6-week Transrational Dynamic Therapy training, and bi-weekly in-service training seminars.

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Sep. 2006 - In-Service Training Coordinator

May 2007 Antioch Psychological Services Center, Keene, NH;
Supervisor: Victor Pantesco, EdD

While a clinician at Antioch Psychological Services Center, planned and coordinated the scheduling of guest speakers for bi-weekly in-service training seminars. Topics included: executive functioning and the BRIEF, art as an assessment tool, child therapy, working with couples, risk assessment, substance abuse and adolescents, sexuality in couples, adolescent attachment, feminism, and Intervention for substance abuse.

Dec. 2006 - Clinician: Cardiac Rehabilitation Unit

July 2007 Dartmouth Hitchcock Medical Center, Keene, NH; Supervisor: Victor Pantesco, EdD

Facilitated on-going 6-week psychoeducation program for a continuous flow of cardiac rehab patients. Using motivational interviewing and stages of change models, conducted intakes and assessed for motivation, health, social desirability, and emotional factors, particularly anxiety, depression, and hopelessness. Assessment tools included the Marlow Crowne Social Desirability Scale, Beck's Hopelessness Scale, and the SF-36. Assisted patients in creating behavior change plans for improved health and quality of life. Participated in weekly interdisciplinary team meetings, interweaving medical and psychological models.

July 2006 - Clinician: Assessment and Therapy

Aug. 2006 New Hampshire Hospital, Concord, NH; Supervisor: Clifford Dempster, PhD

Within an inpatient hospital/milieu setting for adults, provided individual therapy and assessment for a severely mentally ill population. Administered, scored, interpreted, and integrated clinical interviews and milieu observation with data from a variety of assessment instruments for full-battery psychological evaluations. Co-facilitated DBT/Empowerment and Hope, Health and Recovery groups. Diagnoses included post-traumatic stress disorder, mood disorders, mental retardation, schizophrenia and psychosis, neurological disorders, and borderline personality disorder. Case conceptualization, stabilization, and discharge planning were conducted through the lens of a medical/behavioral health model. Participated in daily team meetings, psychiatric medication reviews, treatment conferences, and supervision.

Sep. 2005 - Clinician: Assessment and Therapy

June 2006 Perkins School, Lancaster, MA; Supervisor: Lois Oberlander-Condle, PhD

Within a residential milieu setting for children and adolescents age 4-18 years, provided individual and group therapy for a complex clinical population diagnosed with PTSD, bi-polar, depression, anxiety, attachment disorder, developmental delay, learning disability, mental retardation, Asperger's, schizophrenia, and/or neurological disorders. Cases conceptualized and interventions planned using object-relations, trauma, and personality theories, from a developmental and strength-based framework. Participated in weekly interdisciplinary team meetings, monthly medication reviews, and quarterly treatment conferences. Administered, scored, interpreted, and integrated clinical interviews, milieu, and school observation with data from a variety of assessment instruments for full-battery psychoeducational and psychological evaluations.

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RESEARCH & TEACHING EXPERIENCE:

Nov. - Dec. Teaching Assistant for Supervision Course

2007 Antioch University New England, Lorraine Mangione, PhD, Keene, NH

As teaching assistant, observed student dyads in practice sessions of clinical supervision, offered verbal feedback regarding supervisory process, and provided written comments for the professor following each weekly session.

Dec. 2006 - Social Justice Research Assistant

June 2008 Psychology and Practices for a Better World, Susan Hawes, PhD

Antioch University New England, Keene, NH

Explored two areas of scholarship: (1) the question of how clinical psychologists can incorporate a commitment to social justice activism into their professional practices; and (2) developing a collaborative international learning program, a project that will be initiated in the Western Cape region of South Africa. Attended meetings, acted as recorder, and provided administrative support for the group, *Psychology and Practices for a Better World*.

2004-2007 Place-Based Education Project Assistant

Program Evaluation and Educational Research (PEER) Associates, Inc., George Tremblay, PhD
AmeriCorps Service, Antioch New England Institute, Keene, NH

Assisted evaluation team with survey design, data collection, transcription of interviews, and web site development and design.

Jan.-Aug. Tsunami Recovery Outreach

2005 Antioch University New England, Gargi Roysircar, PhD

Multicultural Center for Research & Practice, Keene, NH

Research and review of current literature on community disaster response, adult and child trauma, grief, self-care, and vicarious trauma, culminating in a three week immersion and field study in the coastal region of Tamil-Nadu, India. Observed and interviewed government officials, non-governmental organizations (NGOs), psychiatrists, psychologists, social workers, community level workers, and local fishing villagers to explore the community and individual responses to the tsunami disaster. Researched culture-specific beliefs, attitudes, and philosophies toward gender, mental health and healing, death, spirituality, and treatment of mental illness. Presented workshops to various NGOs, and participated in their community level training programs. Co-authored *How Disasters Affect People, Children, and Communities: Health, Help, and Assessment*.

July-Dec. Schizophrenia Research Assistant

2003 McLean Hospital, Michelle Friedman, PhD, Belmont, MA

Conducted clinical interviews, recruitment, data collection, transcription and management, and library research for an intervention outcome study involving the development and evaluation of a brief psychoeducational intervention for relatives of individuals with schizophrenia.

Feb.-July Cross-Cultural Conflict Negotiation Research Assistant

2003 Conflict Management Group, Theodore Johnson, JD, PhD, Cambridge, MA

Participated in literature analysis, curriculum development and design, project structure and approach for educational programs on conflict negotiation and cross-cultural communication.

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PROFESSIONAL EXPERIENCE:

June 2001 - Licensed Massage Therapist, Holistic Health Counselor, Self-Employed

July 2008 Light-waves Holistic Health Center, Winchendon, MA

Owner, massage therapist, reiki practitioner, and holistic/spiritual counselor to facilitate health and well-being, personal growth, and goal setting and strategies for adult clients. Facilitator for weekly women's group. Teacher of yoga, meditation, and stress-reduction techniques.

Aug. 2001 - Children's Program Director & Volunteer Coordinator

July 2004 House of Peace & Education, Inc. (HOPE), Gardner, MA

Direct oversight of children's after school, weekend, and summer programs, and parent education programs. Client assessment and collaboration with parents, educators, agencies, and counselors to develop individualized remedial programs for children with academic, social, behavioral or special needs. Researched and developed outcome measurement scales. Planned and developed incremental program growth and capacity-building, while maintaining budgetary constraints. Prepared statistical and narrative quarterly reports. Produced agency newsletters. Recruited, interviewed and coordinated 130 volunteers annually. Developed and provided volunteer training. Planned Volunteer events.

1991-2003 Graphic Designer, Self-Employed

Inspired Designs, Winchendon, MA

Interpreted clients' visions into successful marketing tools. Designed concepts for corporate and small business markets. Website and print design.

1996-01 Publisher/Editor, Self-Employed

The Kaleidoscope Journal, Leominster, MA

Wrote, edited, and designed bi-monthly regional journal. Coordinated writers, artists, printers, sales team and distribution. Conducted interviews and research for publication.

2000-2001 Conference/Event Planner & Travel Assistant

Luminous Web, Northboro, MA

Coordinated educational conferences. Managed promotions and mailings, registration, accommodations and international travel. Acted as liaison between workshop/expedition leaders and participants. Traveled to Europe, Cuba, India, Egypt and Peru. Experience in Spanish, French, German, Quechua.

1988-1998 Production Manager

37 Design Group, Inc., Athol, MA

Scheduled and supervised design projects through all phases of production: corporate identity, collateral materials, POP displays, packaging, trade shows, advertising, catalogs and price lists.

1980-1988 Graphic Designer, held various design positions at local agencies and printers.

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VOLUNTEER EXPERIENCE:

2006 -2008 Advisory Board Member

Massage and Complementary Health Program, Mount Wachusett C.C., Gardner, MA

2004 -2006 Dispatcher; Disaster Action Team (DAT) Member - Family Services Provider

American Red Cross, North Central Massachusetts Chapter, Leominster, MA

Dispatcher: Received and responded to after-hours emergency calls from fire department personnel and community members. Contacted DAT team members and coordinated emergency response team. DAT Family Services Provider: Conducted client interviews to assess family needs in current emergency situation, and provided Red Cross assistance or referrals where appropriate.

2004 -2005 Group Leader/Hotline Counselor/Advocate

Rape Crisis Center of Central Massachusetts (RCCCM), Worcester, MA

Co-facilitated Child Sexual Assault group for adult women. Provided crisis intervention, support, information and advocacy on rape crisis hotline. Assistance provided for healing, exploring options, and for advocacy in accessing legal or medical systems.

2003 -2004 Critical Incident Stress Debriefing (CISD) Team Member,

Community Crisis Team, Gardner, MA

Participated in the development of a community-level critical incident response team, consisting of peer-to-peer community members, mental health professionals and clergy. Provided basic group crisis intervention for community members impacted by trauma.

Summer Co-Facilitator, Women's Self-Esteem Group

2004 Battered Women's Resources, Inc. (BWRI), Gardner, MA

Co-led weekly psychoeducational program designed to develop and increase self-esteem in women impacted by domestic violence.

Jan.-July Tutor/Mentor

2001 House of Peace & Education, Inc. (HOPE), Gardner, MA

Tutored and mentored children in grades 2-6, with mild social, academic and emotional issues.

1998-2001 Advisory Board Member

Computer Graphic Design Dept., Mount Wachusett Community College, Gardner, MA

1996-2001 Student Intern Site Supervisor

Graphic Arts Program, Fitchburg State College, Fitchburg, MA

ADVANCED TRAINING & SEMINARS:

2008-2014 Play Therapy Coursework, Registered Play Therapist

2013-2014 Yoga Teacher Training, Registered Yoga Teacher

2010-11 Gottman Method Couples Therapy, Level I and Level II

2010 Counseling for Couples: Understanding and Improving Love Relationships, 8 hrs., Cross Country Education, Ft. Myers, FL

2010 Art, Nature, and Therapy, 25 hrs., Cape Cod Institute

2004 Body-Oriented Approaches to Self-Regulation and Trauma Processing, 8 hrs., Bessel van der Kolk and Pat Ogden, International Society for Traumatic Stress Studies (ISTSS), Toronto

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2004	Cognitive-Behavioral Treatment for Victims of Type II Trauma , 8 hrs., ISTSS, Toronto
2004	Rape Crisis Counseling , 45 hrs., Hotline Certification, Rape Crisis Center of Central Mass, Worcester, MA
2004	First Aid, CPR, and Family Service: Providing Emergency Assistance , 8 hrs., Certification, American Red Cross, Leominster, MA
2003	Domestic Violence , 40 hrs., Volunteer Training, Battered Women's Resources, Inc., Leominster, MA
2003	The Parenting Journey , 40 hrs., Facilitator Training Certification, The Family Center, Somerville, MA
2003	Critical Incident Stress Debriefing (CISD) , 14 hrs., Basic Certification, On-Site Academy, Gardner, MA
2003	Assessment of Child Sexual Abuse , 4 hrs., Children's Aid & Family Services, Inc., Gardner, MA
2003	Youth Violence , 3 hrs., James Garbarino, Mount Wachusett Community College, Gardner, MA
2002	Treating Disaster Trauma , 16 hrs., American Art Therapy Association, Hartford, CT
2002	Hypnosis/Induction Methods , 16 hrs., Facilitator Training, DoveStar Institute, Hooksett, NH
2002	Key Issues in Adolescent Health , 3 hrs., Fitchburg/Gardner Community Health Network
2001	Multidisciplinary Perspectives on Parenting Education , 4 hrs., Wheelock College, Boston, MA
2001	Mental Health Across the Lifespan , 4 hrs., Fitchburg/Gardner Community Health Network

AWARDS AND SCHOLARSHIPS:

2005, 2006	Jonathan Daniels Scholarship Award Antioch University New England, Keene, NH. Department of Clinical Psychology
2005	Multicultural Center Research and Practice Award Antioch University New England, Keene, NH. Department of Clinical Psychology
2005, 2006	Americorps/Campus Compact Community Service Award - awarded 2 years Antioch New England Institute, Keene, NH
2003	Family and Community: Human Services Scholarship Cambridge College, Cambridge, MA, Department of Psychology/Human Services
1981, 1982	Dean's List Mount Wachusett Community College, Gardner, MA, Department of Fine Arts

MEMBERSHIPS:

2004 - Present	American Psychological Association (APA) : DIV42, Division of Psychologists in Independent Practice
2009 - Present	Association for Play Therapy: Washington Play Therapy Association
2010 - Present	National Register of Health Service Providers in Psychology
2010- Present	National Alliance of Professional Psychology Providers

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- 2011 - Present** Washington State Psychological Association
- 2006-2008** Psychology & Practices for a Better World (P&PBW), *Founding Member and Recorder*
Antioch University New England
- 2001-2008** ABMP: Associated Bodywork & Massage Professionals
- 2006-2007** Antioch University New England, *Student Cabinet Representative*
- 2004-2007** American Psychological Association (APA) Student Affiliate:
DIV1, General Psychology
DIV24, Theoretical and Philosophical Psychology
DIV32, Humanistic Psychology
DIV36, Psychology of Religion
DIV37, Child, Youth and Family Services
DIV38, Health Psychology
DIV48, Society for the Study of Peace, Conflict, and Violence
DIV53, Society of Clinical Child and Adolescent Psychology
- 2004-2006** International Society for Traumatic Stress Studies (ISTSS)
- 2004-2006** Support for Ethnic and Racial Diversity (SERD)
Antioch University New England, Multicultural Center
- 2004-2006** American Art Therapy Association (AATA)
- 2004-2006** New England Art Therapy Organization (NEATO)
- 2004-2005** Psychology Students for Social Responsibility (PSY-SSR)
Founding Member, Antioch Student Association